



# A gratitude letter

Name: \_\_\_\_\_

Class/number: \_\_\_\_\_

**Gratitude means feeling thankful.**

People who show gratitude are happier.

A gratitude letter is a letter of thanks. It is for someone who helped you in an important way.

**Think about your life.  
Who has helped you?  
What did they do?**

Please write a letter to the person who helped you. You can write in English and translate it into Vietnamese.

OR Write the letter in Vietnamese. Then translate it into English.

Tell them: • **what** (exactly) they did

• **why** it is so important to you

• **how** it helped or changed you

In English, use some of these words.

• *I want to thank you...*

• *I remember the time you...*

• *because...*

• *... was special for me*

• *...this helped me...*

• *I appreciate...*

## Ideas:



• *Your mom or dad*

• *A special teacher or coach*

• *Someone who helped or was kind when you really needed it.*

• *Someone who changed your life.*

\_\_\_\_\_, 20\_\_\_\_

Dear \_\_\_\_\_

*This is a "gratitude letter." I am writing to thank you for something important you did for me.*

(Your name)

I hope you will

• mail the letter to the person OR

• (the best way) deliver the letter and read it to the person.

© 2018 Marc Helgesen

OK to copy.

<http://ELTandHappiness.com>

Ở lớp học tiếng Anh chúng tôi đã nói về những nhân vật và sự kiện quan trọng trong cuộc sống của mình. Giáo viên yêu cầu chúng tôi viết một "lá thư cảm ơn" người đã giúp đỡ mình.

Tôi quyết định viết thư cho bạn.

Và đây là những gì tôi muốn nói:

In my English class, we have been talking about important people and events in our lives. My teacher asked me to write a "gratitude letter" to someone who had helped me.

I decided to write to you.

Here is the letter.

