

May you be happy, peaceful, filled with love.



happy



peaceful



filled with love

May you be happy.  
May you be peaceful.  
May you be filled with love.



May **I** be happy.

May **we** be happy.



Youtube.com video: "May you be happy" Mindful music with Betsy Rose  
Connected to "The Kindness Curriculum" from the Center for Healthy Minds:  
<https://centerhealthyminds.org/> (University of Wisconsin – Madison)

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