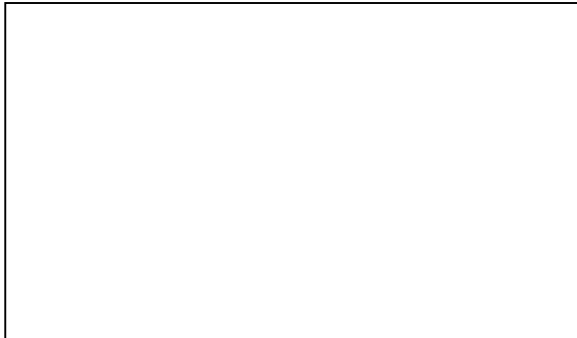


The science of happiness ③ & ④

# My family

Happy people take time for their family.

- 1 Draw a simple picture of your family.



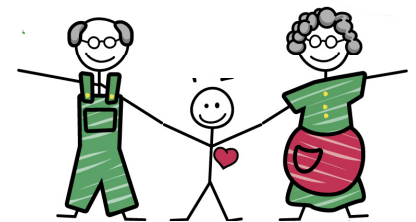
As you draw, think of one nice thing about each person.

This is my mom. Her name is (name). She's really kind.

This is my brother, (name). He has a great sense of fashion.

- 2 Work with a partner. Tell about your family.  
Listen to your partner.

- 3 Look at your partner's picture.  
Can you remember the names?  
What else do you remember?



- 4 Change partners. Keep going.

Language focus: describing family, descriptive adjectives  
Positive psychology focus: Happy people take time for family and friends.

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